If TP-CASTT (We will add to this as we go on with the poem tomorrow)

T: Title

The poem may be about possibilities/regrets, since the word “if” usually reminds people about the phrase “What if”

P-Paraphrase

Stanza 1:

If you can keep calm when others are losing it,

 And you’re being blamed.

If you can believe in yourself when people doubt you,

 Yet still are able to see their side.

If you can be patient,

 If you can, when people are being dishonest, maintain your honesty

Or if people hate you, you do not hate them back

 And yet, after all that, you aren’t too self-righteous:

Stanza 2:

If you can dream yet not let dreams control you/become your priority;

 If you appreciating thinking, and yet don’t forget to act;

If you can meet success and failure and handle them both equally gracefully;

If you can deal with people taking your words out of context and deceiving people with them;

Or if you can watch your dearest achievements be ruined yet still build them back up:

Stanza 3:

If you can take a big gamble, lose everything, start over, yet never complain about it;

If you can push your body to do amazing things for you even when you thought it was exhausted,

And persevere because only sheer determination pushes you onward:

Stanza 4:

If you can walk with the common crowd, but not lose your beliefs,

If you can reach the top yet not forget about the little people,

If neither your enemies nor your friends can hurt you (because you’re independent enough);

If others look up to you and want your opinion (yet not to the point of obsessing with you or being overly dependent on you);

If you can use up every minute to the full (e.g. run as far as a minute will allow you);

You can have the whole world

And-more importantly-you’ll be a mature person, son (or daughter ☺)